

Training Schedule 2025

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Thursday

3rd

April

Navigating School Avoidance: Tools for Parents (Webinar)

Struggling with your child's school avoidance? This webinar provides practical tools and strategies to help parents understand the underlying causes of school refusal, support your child's emotional needs, and work towards re-engagement.

(6.30pm-8.30pm)- Location- Webinar

Cost \$35pp. [Register here](#)

Saturday

7th

June

Navigating School Avoidance: Tools for Parents

Struggling with your child's school avoidance? This webinar provides practical tools and strategies to help parents understand the underlying causes of school refusal, support your child's emotional needs, and work towards re-engagement.

(9.30am-12.30pm) Location-Mildenhall Meeting Room, 49 Beddi Rd, Duncraig

Cost \$45pp. [Register here](#)

Thursday

12th

June

What's in the Box? A Trauma Toolbox for Professionals

This comprehensive training equips professionals to support individuals affected by complex trauma, covering its impact on brain development and psychobiology while guiding the implementation of positive behaviour support strategies to prevent re-traumatisation and promote healing.

(9:00am-3.00pm) - Location- Newman

Cost \$230pp. [Register here](#)

Thursday
12th
June

Transforming Classrooms: Trauma Awareness and Positive Behaviour Strategies

Enhance your skills with our workshop on trauma and its impact on student behaviour. Learn practical strategies to support positive behaviour and create a nurturing classroom environment.

(4.00pm-6.00pm)- Location- Newman

Cost \$50pp. [Register here](#)

Friday
13th
June

Hurt People, Hurt People: Understanding Aggression and Violence

This workshop provides professionals with a trauma-informed understanding of violent and aggressive behaviours, exploring their roots in trauma, shame, and power dynamics. Participants will learn strategies to address these behaviours, including the link between unresolved childhood trauma and violence, equipping them to foster safer, more supportive environments.

(9:00am-3.00pm) - Location- Newman

Cost \$230pp. [Register here](#)

Thursday
21st
August

What's in the Box? A Trauma Toolbox for Professionals

This training equips professionals across social services, education, health, and youth justice with trauma-informed skills to support individuals affected by complex trauma, covering its impact on brain development and psychobiology while guiding the implementation of positive behaviour support strategies to prevent re-traumatisation and promote healing.

(9:00am-3.00pm) - Location- Broome

Cost \$230pp. [Register here](#)

Thursday
21st
August

Transforming Classrooms: Trauma Awareness and Positive Behaviour Strategies

Enhance your skills with our workshop on trauma and its impact on student behaviour. Learn practical strategies to support positive behaviour and create a nurturing classroom environment.

(4.00pm-6.00pm) - Location- Broome

Cost \$50pp. [Register here](#)

Friday
22nd
August

Hurt People, Hurt People: Understanding Aggression and Violence

This workshop provides professionals with a trauma-informed understanding of violent and aggressive behaviours, exploring their roots in trauma, shame, and power dynamics. Participants will learn strategies to address these behaviours, including the link between unresolved childhood trauma and violence, equipping them to foster safer, more supportive environments.

(9:00am-3:00pm) - Location- Broome

Cost \$230pp. [Register here](#)

Saturday
30th
August

Preventing Parental Burnout & Fostering Resilience (Webinar)

Parental burnout is more than just feeling tired—it's a state of emotional, mental, and physical exhaustion that can impact your well-being and family life. This workshop will help you better understand the causes and signs of burnout, explore practical strategies for managing stress, and build resilience to navigate the challenges of parenting.

(6.30pm-8.30pm)- Location- Webinar

Cost \$35pp. [Register here](#)

Friday

5th

September

Hurt People, Hurt People: Understanding Aggression and Violence

This workshop provides professionals with a trauma-informed understanding of violent and aggressive behaviours, exploring their roots in trauma, shame, and power dynamics. Participants will learn strategies to address these behaviours, including the link between unresolved childhood trauma and violence, equipping them to foster safer, more supportive environments.

(9.00am-3.00pm)- Location- Bunbury

Cost \$230pp. [Register here](#)

Friday

31st

October

The Power of Empathy: Neuroscientific Insights and Practical Strategies (Webinar)

Equips professionals with a deeper understanding of the neuroscience behind empathy and its role in behaviour change. This training explores how empathy shapes brain function, enhances connection, and supports healing, providing practical strategies to foster resilience and positive outcomes in individuals affected by trauma.

(9.00am-11.30am)- Location- Webinar

Cost \$35pp. [Register here](#)

Saturday

1st

November

Empathy Unlocked: Tools for Parents to Support their Children in Developing Empathy (Webinar)

Helps parents understand the importance of empathy in their child's emotional and social development. This practical training explores how empathy shapes behaviour, strengthens relationships, and builds resilience, providing simple, effective strategies to nurture empathy in everyday parenting.

(9.00am-11.30am)- Location- Webinar

Cost \$35pp. [Register here](#)